

# Creative Discipline



## ***Free Parenting Program***

**Tuesday, December 8 - 7pm**

This workshop highlights the aspects of early brain development that help us understand why young children can't always control their behavior. Discussion includes limit setting and strategies and techniques for positive self-guided behavior in children from 2 to 5 years old.

Sylvia Ford, M.A. is an Early Childhood Consultant who has been working with children and families in the San Francisco Bay Area for over 25 years.

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